

WIN A BRAND-NEW BODY — P. 16

TONS OF USEFUL STUFF

FEBRUARY 2000

Men's Health

HARD MUSCLE

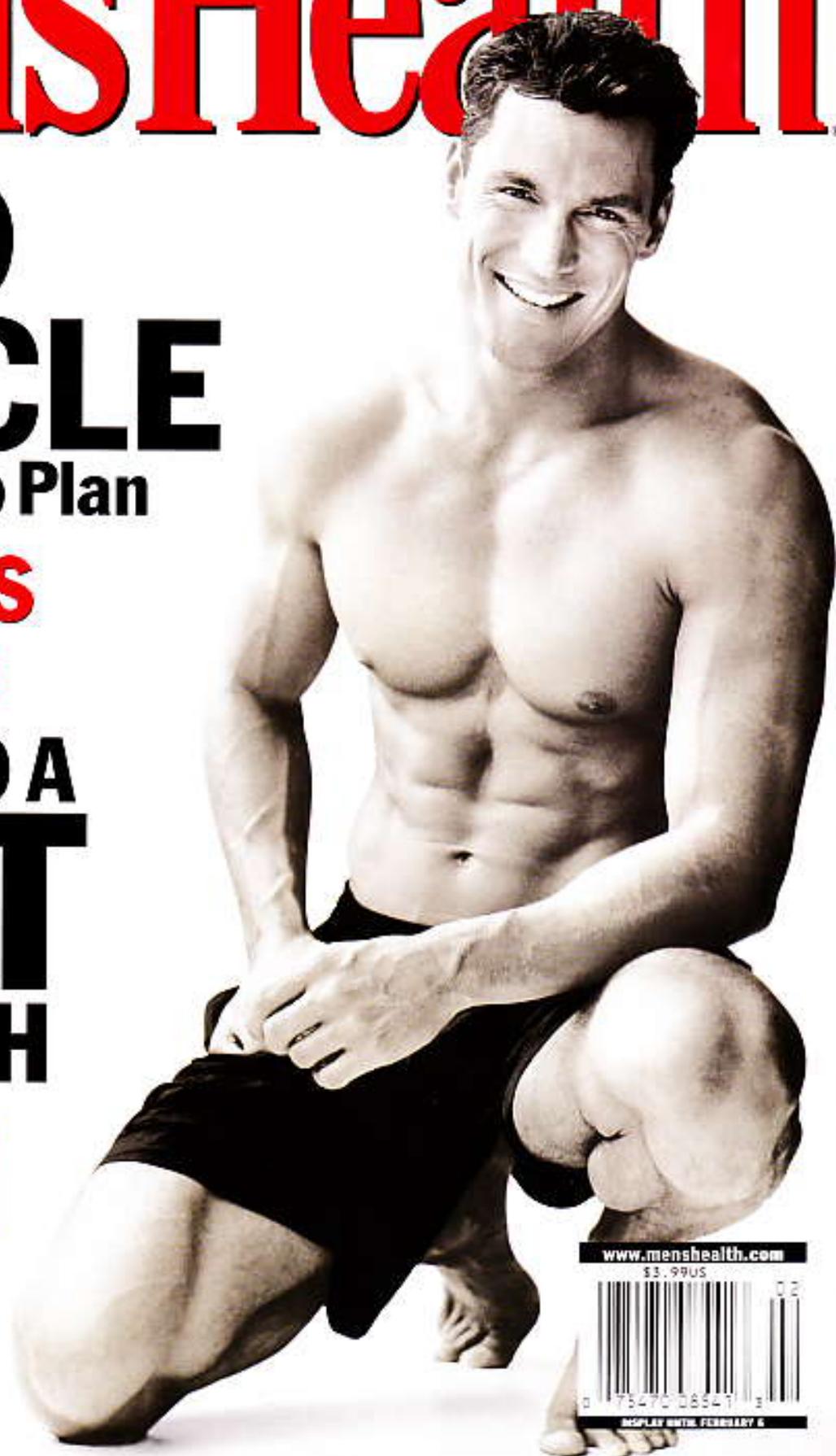
Your Start-up Plan

SEX GAMES
She'll Love

2 STEPS TO A
FLAT
STOMACH

**FREE WORKOUT
POSTER INSIDE**

**DROP 12
POUNDS!**



www.menshealth.com

\$3.99US



DISPLAY UNTIL FEBRUARY 6

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price of computer *anything* goes only one way: down. You could be stuck paying too much, too long. **"The rebate you're getting off the computer is actually a rebate off the overpriced Internet service,"** says Jules Polonetsky, commissioner of the New York City department of consumer affairs. "Then you have to do a lot of work to get the rebate." You have to send in receipts, proof-of-purchase tokens, and maybe even a pinkie finger. Ask yourself: When was the last time you filled out a rebate form and sent it in? Yep, they're still in the kitchen drawer under the Uno playing cards. The general redemption rate for most rebates is only 1 percent to 2 percent, according to a frightening organization called the Promotion Fulfillment Center of the Promotion Marketing Association. Read bargains carefully: Find out how much money you'll have to shell out up front and over the long haul. If the cost of that service will be jacked up in 6 months, how will you afford to download naked pictures of Betty White?

WHAT THE HELL IS UI WITH ALL THESE LAWSUITS?

It's not your imagination: Every one's being sued for something. Just the other day, someone sued the city of Philadelphia because there were three inmates assigned to a cell, when the limit is supposed to be two. Think how that must have made the inmates feel! The inmates won \$20,000 to be divided among all the inmates who were tripled up. How much more has it they already spent? The number of lawsuits is increasing at least 2.5 times as fast as our nation's population. In 1996 there were 87.5 million new cases alone, according to the American Bar Association, which does absolutely nothing to do with this. There are more attorneys per capita today, and advert

by attorneys has jumped—as anyone who watches lots of daytime television can attest. So more people realize you can sue for a living instead of working for one. **"There's an attitude that if something goes bad in my life, somebody's got to pay for it,"** says Richard Warshak, Ph.D., a clinical and consulting psychologist in Dallas. Add the large jury awards, and it's no wonder low-life slackers are spending more time filing briefs than wearing them.